

Quick Checklist

Grow Spinach In A Pot

GardeningMentor.com

Grow Spinach In A Pot

Quick Checklist - Grow Spinach In A Pot

Pick a variety you would like to grow.

- Bloomsdale
- Double Choice
- New Zealand
- Baby's Leaf
- Malabar

Buy the required items from your local garden center or online.

- Spinach Seeds
- Potting mix
- Pot (8-inches H x 18-inches W)
- Slow-release fertilizer
- Liquid fertilizer

Pick a season to grow spinach, either spring or fall.

Mix the slow-release fertilizer with the potting mix.

Fill the potting mix into the pot till 1 inch from the rim.

Place several seeds in the soil at 2-inches from each other.

Cover the seeds with $\frac{1}{4}$ -inch of potting mix.

Grow Spinach In A Pot

Spray water to keep the potting mix moist till seeds germinate.

Place the pot in a location that gets 6-8 hours of sunlight.

Every day check the moisture by sticking your finger 1 inch into the soil.

Water the soil well if it has turned dry.

Thin the seedlings if there are too many in the pot.

Add liquid fertilizer to the soil every two weeks.

Harvest spinach leaves when they grow 4-6 inches.

Read the complete guide on
How To Grow Spinach In A Pot